

February

Post Falls School District
Nutrition Services



MIDDLE SCHOOL MENU 2023

Mon	Tue	Wed	Thu	Fri
		1 Breakfast Breakfast Burrito Lunch Creamy White Chicken Chili	2 Breakfast Cinnamon Roll Sausage Links Lunch Ribbq Sandwich Corn on the Cob	3 Breakfast Scrambled Egg Bowl Lunch Chicken Patty Sandwich
	6 Breakfast Mini Strawberry Bagel Lunch Hamburger w/ Cheese Baked Chips	7 Breakfast Banana Bread Yogurt Lunch Soft Beef Taco Corn	8 Breakfast Breakfast Sandwich Lunch Bagel Lunchable	9 Breakfast Dutch Waffle Sausage Links Lunch Country Fried Steak Mashed Potato Dinner Roll
	10 Breakfast Cereal Bar Lunch Cheesy Potato & Ham Soup Garlic Bread	13 Breakfast Breakfast Pizza Lunch Chicken Patty Sandwich	14 Breakfast Breakfast Round Yogurt Lunch Corn Dog Baked Chips	15 Breakfast Blueberry Bagel Lunch Hot Ham & Cheese Sandwich Baked Beans
16 Breakfast Mini Maple Pancake Sausage Links Lunch Hamburger Gravy Mashed Potato Dinner Roll	17 Breakfast Breakfast Burrito Lunch Chicken Nuggets Garlic Bread	20 	21 Breakfast Muffin Yogurt Lunch Crispito Potato Choice	22 Breakfast Banana Split Parfait Lunch Mini Maple Pancakes Sausage Links
23 Breakfast Mini Cinnamon Roll Sausage Links Lunch Malibu Crispy Chicken Sandwich Corn on the Cob	24 Breakfast Biscuits & Gravy Lunch Homemade Cheese Pinwheels	27 Breakfast Mini Strawberry Bagel Lunch Hamburger w/ Cheese	28 Breakfast Banana Bread Yogurt Lunch Soft Beef Taco Corn	

**ALL BREAKFASTS
COME WITH FRUIT OR
JUICE AND MILK**

**ALL LUNCHESS COME
WITH FRUIT, VEGGIES
AND MILK**

See our virtual menu on the
Nutrition Services
homepage at www.pfsd.com
for nutrition and allergen
information.

Meal Prices:

Milk—	\$0.50
Breakfast—	\$2.10
Reduced	\$3.30
Lunch—	\$3.35
Reduced	\$4.40
Adult lunch—	\$4.35

Alternate lunch choices:

Pizza, Sub Sandwich

Large Salads or

Uncrustable Meals



Where's the beet?

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.