

SEPTEMBER

NEW VISION MENU

2022

Post Falls School District
Nutrition Services



Mon	Tue	Wed	Thu	Fri
5 LABOR DAY 	6 Breakfast Breakfast Round Yogurt Lunch Ripper Variety Pudding	7 Breakfast Breakfast Burrito Lunch Domino Pizza Fruit Snacks	8 Breakfast French Toast Sausage Links Lunch Meatball Sub Sandwich Baked Chips	9 Breakfast Blueberry Poptart Yogurt Lunch Hot Dog Baked Chips Cookie
12 Breakfast Breakfast Pizza Lunch Hamburger with Cheese Baked Chips	13 Breakfast Assorted Muffins Yogurt Lunch Beef Taco Tater Tots	14 Breakfast Maple Bar Yogurt Lunch Domino Pizza Fruit Snacks	15 Breakfast Pancake Sausage Bites & Hashbrown Lunch Sweet & Sour Chicken Rice Bowl Egg Roll	16 Breakfast Blueberry Bagel Yogurt Lunch Cheese Filled Breadsticks Marinara Sauce
19 Breakfast Berries & Cream Breadsticks Lunch Ribbq Sandwich Baked Chips	20 Breakfast Cereal Bar Yogurt Lunch Buffalo Chicken Dip & Chips	21 Breakfast Banana Split Parfait Lunch Domino Pizza Fruit Snacks	22 Breakfast Dutch Waffle Sausage Links Lunch Chicken Drumstick Mashed Potatoes Dinner Roll	23 Breakfast Breakfast Sandwich Lunch Ripper Variety Pudding
26 Breakfast Blueberry Bagel Lunch Hamburger with Cheese Baked Chips	27 Breakfast Breakfast Bread Yogurt Lunch Breakfast Sandwich and Hashbrown	28 Breakfast Breakfast Burrito Lunch Domino Pizza Fruit Snacks	29 Breakfast French Toast Sticks Sausage Links Lunch Meatball Sub Sandwich Baked Chips	30 Breakfast Blueberry Poptart Yogurt Lunch Hot Dog Baked Chips Cookie
				

**ALL BREAKFASTS
COME WITH FRUIT OR
JUICE AND MILK**

**ALL LUNCHESES COME
WITH FRUIT, VEGGIES
AND MILK**

See the Nutrition Services
homepage at www.pfsd.com
for more information.

Meal Prices:

Milk—	\$0.50
Breakfast—	\$2.10
Reduced	\$3.30
Lunch—	\$3.50
Reduced	\$4.40
Adult—	\$4.35

Alternate lunch choices:

M/F—Chicken Sandwich,

Salad, or PB&J

WED—PIZZA, Salad, or PB&J

T/TH—Chicken Nuggets, Salad, or
PB&J

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.